

# UP2US COACH

## How our program works

### CNCS

The Corporation for National and Community Service (CNCS) is a US federal government agency whose mission is to improve lives, strengthen communities, and foster civic engagement through service and volunteering. CNCS accomplishes their mission through programs like AmeriCorps, that help fund Up2Us Sports coaches to work directly with youth in under-resourced communities.



### HOST SITE PARTNER

Host site partner applies for and is awarded a coach through Up2Us Sports Call for Partnerships (Oct. - Jan.). It recruits and orients the AmeriCorps Member and supports coach day-to-day program activities.



### YOUTH

Through sports, coaches inspire youth to improve their grades, stay in school, work as a team to set goals, be physically healthy, and learn conflict resolution skills that reduce violent behavior.



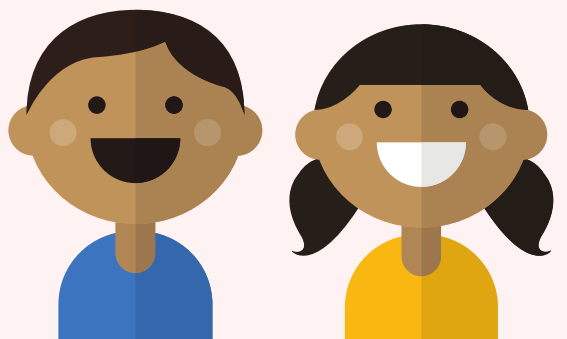
### COACH PROGRAM

This program trains all coach service members in social-emotional learning and trauma-informed youth sports practices. It supports coaches throughout the year with on the ground in-person touchpoints and professional development.



### UP2US COACH MENTOR

During the year of service, the coaches work directly with youth in a physical activity setting. The coach receives 35+ hours of training on sports-based youth development, social emotional learning, and trauma-informed youth sports practices. They also receive a living stipend and education award.



**UP2US  
SPORTS**